

The Bedsole Bits

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Spring 2005 Newsletter
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J.L. Bedsole Alumna **Aiken Brown** becomes a published author! See the Alumni Briefs page for more information about Aiken, her book, and the upcoming signing.

Lauren Woods, a junior studio art major at Spring Hill College, recently started her own business. See Lauren's Profile in the Scholars Highlights section for more information.

Sarah Frerman and **Kristen Oschwald** were accepted into the Samford School of Pharmacy for the 2005 fall term. Entry into this program is highly competitive. Congratulations, ladies!

Katie Hansen and **Lauren Megginson**, both seniors, will be entering the accounting program in the University of Alabama's Manderson Graduate School of Business in the 2005 fall term. Good luck, ladies!

News & Reminders!

- Remember to file your FAFSA as soon as your family's 2004 income taxes have been submitted. Renewal of your J.L. Bedsole Scholarship cannot be considered until we receive your financial figures from your school. But your school cannot provide these figures to us until your FAFSA has been completed and processed. To make this as quick as possible, you may [file your FAFSA online](#). See the article below for an example of what can happen if you wait too late to file!
- Authorization to Release Financial Information forms were e-mailed as a PDF attachment to all Bedsole Scholars in mid-March. Please print your form, fill out & sign the top section, and send the signed form to the Scholars Program office via mail or fax ASAP. If you did not receive this form, contact Heather in the Scholars Program office right away.
- Our updated transcript release policy was put into effect beginning with the fall 2004 semester. See the article below for more information regarding this policy.
- We are currently taking reservations for Entre Prep. As of the date of publication of this newsletter, 11 places were still available. For more information on this excellent program, see page 3. If you would like to participate in Entre Prep this summer, e-mail Scott Morton at samorton@bellsouth.net.
- Mark your calendars - Leadership Convocation 2005 is scheduled for Friday and Saturday, July 22-23. Friday night's banquet will be held in the beautiful venue of [Bellingrath Gardens](#). Our keynote speaker will be Dr. Susan C. Aldridge, Vice Chancellor of University College and the eCampus for [Troy University](#). Post-banquet activities for Bedsole Scholars include a boat ride on Fowl River followed by a night at the Mobile Marriot. Saturday's workshops relate to this year's theme of Education for a Global Community. **Attendance at the Leadership Convocation is mandatory for all incoming freshmen as this is when you will receive your orientation into the Scholars Program.** All other Bedsole Scholars are strongly encouraged to attend. More details

will be available in the special Leadership Convocation edition of the Bedsole Bits coming in June.

- The success of this newsletter depends greatly on the quality of communication that we have with each of our Bedsole Scholars and Alumni. We encourage each of you to e-mail us from time to time with news of recent trips, awards, activities, new jobs, etc. In addition, some of the information found in the Bedsole Bits comes directly from your Scholars Update Forms and Alumni Update Forms. Look for your update form via e-mail late this summer. Please make an effort to fill out your form and submit it in a timely manner. The Bedsole Bits would not be what it is today without the wealth of information found on your forms.
- It has come to our attention that some of you have e-mail software with very aggressive "junk" filters that are re-directing our e-mails to you from your Incoming Mail folder to your Junk Mail folder. Consequently, some of you are missing some very important messages from the Scholars Program. We rely heavily on e-mail as a primary form of communication between us and you, the Bedsole Scholar. We use e-mail to request information, disseminate forms, keep you informed of opportunities that are available to you, etc. Often this is done as a mass e-mail, which may raise the red flags in your e-mail software. So please set your filters to accept e-mail from Scott Morton (samorton@bellsouth.net) or Heather Weatherspoon (jbedsole@bellsouth.net) so that you don't miss out on vital information or miss Scholars Program deadlines.

The FAFSA and a Verification Horror Story

You've heard it said over and over that the earlier you file your FAFSA, the better. This is very wise advice, especially if you depend on federal student aid and/or need-based scholarships to finance your education.

There are a couple of things that could happen to cause a significant delay in receiving the results of your FAFSA. One of these is simple human error. Everyone makes mistakes, especially when filling out detailed financial paperwork. Thankfully, the government provides a correction process called verification in case that happens. Some

applicants specifically ask for their EFC to be verified. Maybe there has been some significant change in your family's financial status since taxes were last filed and you want the school to take this into account.

The second biggest cause of delay is *random verification*. Think of this as similar to an income tax audit. Approximately 30% of all FAFSA applications will be randomly selected by the federal government for verification.

Whether you have requested verification or you've just been unfortunate enough to get caught up in a random process, verification will mean a delay in processing your application, which means a delay in renewing your scholarship for the upcoming academic year. ***If you wait until late in the year to file your FAFSA -- such as July or August -- do not expect your financial aid, including your Bedsole Scholarship, to be finalized before the beginning of the fall term. You should be prepared to pay fall tuition and fees yourself.***

Unfortunately, we had a student this academic year who waited until late August 2004 to file his FAFSA. He was then chosen for a random verification. To make matters worse, all the paperwork that the school requested to help process the verification was not submitted by this student in a timely manner. He did not receive a J.L. Bedsole Scholarship for the fall 2004 semester because his figures did not come in until early January! Don't let that happen to you.

Get your FAFSA filed as soon as possible. Give yourself time in case corrections need to be made or you are one of those chosen randomly for verification. Make sure your school has your updated contact information on record. And follow up with your school immediately if they request any further information.

Reinstatement to the Scholars Program After Illness or Injury

During the course of your college career, there may come a time when you are unable to attend school or complete the term due to medical reasons. As a reminder, the scholarship agreement that you signed when you accepted the J.L. Bedsole Scholarship states that you must

fulfill the minimum academic hours required by your school to be considered a full-time student in good standing upon completion of each semester and maintain suitable progress toward graduation. Failure to meet this requirement can result in the immediate loss of your scholarship. However, the J.L. Bedsole Scholars Program will take medical circumstances into consideration ***provided you submit the proper documentation in a timely manner.***

If you become injured, ill, or are otherwise medically unable to attend school or complete a term, you must submit to the J.L. Bedsole Scholars Program a letter from the physician whose care you are under. The letter should contain the following information:

- date of injury/illness/disability
- name of physician and his or her contact numbers
- a statement of your inability or limited capacity to attend school
- date you are released to return to school

This letter must be sent to us directly by you or your physician. In several instances, a scholar's school has received copies of such documentation, but the Scholars Program has not. If your physician sends documentation of a medical condition to your school, you should also ask that he send a copy directly to the Scholars Program office as well. It is your responsibility, not your school's, to notify us if you are unable to attend school or withdraw for any reason.

Also, please do not send us copies of your chart. We are not medical professionals and will not attempt to interpret patient charts. In the event that you become ill, injured, or otherwise medically unable to attend school, a letter containing the above-mentioned information is what is required to keep you a Bedsole Scholar in good standing.

Seniors & Transcripts

During the past few months, we've been asked more than once why seniors are required to submit copies of their transcripts or grade reports. As seniors, you are in the last year of funding. Obviously your cumulative GPA is not an issue. However, one requirement that must be checked each and every semester (except summers) is the

requirement to maintain full-time status. If you drop below full time, you could lose your scholarship -- even in the middle of your senior year.

Historically, J.L. Bedsole Scholars have been allowed to drop below full time one semester without penalty. However, the second time a Scholar drops below full time, the scholarship is immediately forfeited. This can and has happened during senior year. That is why all J.L. Bedsole Scholars must submit transcripts or grade reports during their final year of funding.

As far as the last grade report is concerned, we would love to receive a copy for our records. Help us keep our J.L. Bedsole Alumni database current by letting us know when you graduate, your final GPA, and what your future plans are. We've been with you all through some of the most exciting years of your lives, and we would like to continue to hear from you in the future. Send us an e-mail or give us a call as you celebrate milestones in your lives such as landing a great job, getting married, taking an interesting trip, or having children. Who knows...you may well see yourself featured in the Alumni Briefs section of a future Bedsole Bits!

Updated Transcript Release Policy: Part II

Our updated transcript release policy was put into effect this past fall semester. So far it has been a success in that it has allowed us to verify your grades and hours much quicker than the old system did. After asking you all last fall to request copies of your transcripts from your school's registrar, we discovered that some schools were charging students to release these documents, even though it is for a scholarship program.

To avoid having you pay money out of pocket, we decided to accept photocopies of transcripts or printouts of grade reports directly from the web. Of course, any who choose to do so may still ask the registrar's office to mail a copy of your transcript to the Scholar's Program. But be warned that it takes most schools 8-10 weeks or longer to mail us a copy of your transcript. This may land you on the "late list." We currently have seven scholars on the "late list" for not submitting their fall transcripts. Be advised that your scholarship will not be renewed for

the upcoming year if a copy of your grade report is not sent to this office.

For those of you who choose to bypass the registrar's office, an acceptable copy of your grades would be either a photocopied grade report (if one is mailed to your home) or a printout directly from the web -- with no copying or pasting into software programs. The grade report must show the following:

- hours attempted for the semester
- hours completed/passed for the semester
- cumulative GPA

We cannot accept the grade report if it does not contain these three items.

We did have two recurring problems with some of the fall 2004 grade reports that must be addressed.

1. A significant number of you submitted printouts that had been cut off so that the report did not contain all the information required. In other words, all the information shown on your computer screen did not appear on the printout. It may be necessary to change the print settings to "Landscape" to capture all information on the page.

2. A second problem we encountered was receiving e-mailed copies of your grade reports. We cannot accept e-mailed copies of your grade report if you have copied off the web and pasted into your e-mail software. In order for us to defend the validity of our updated transcript release policy, we must be able to vouch for the authenticity of the grade report. We cannot in good faith do that if there has been the opportunity to alter the report.

A good rule of thumb is that the Scholars Program can only accept a direct copy of some official posting, whether it be printed directly from the web or a photocopy of a report that was mailed to your home.

Scholars Highlights

■ **Mollie Adams** was one of five Huntingdon College students chosen to participate in the Alabama Chapter of the [National Association of Teachers of Singing](#) annual state auditions this past February in Mobile. Mollie is a freshman double majoring in Music Performance & Biology. Mollie graduated from Davidson High School in Mobile. During her high school years, she was part of the marching & symphonic bands, school chorus, Mobile's Singing Children, Encore!, and the Mobile Opera Company. Congratulations to Mollie for being named a finalist in the NATS competition!

■ **Jeremy Brannan**, a junior at Samford University, traveled to Peru to study rainforest ecology with a group from Samford's biology department in January 2005. Jeremy's group studied in the small Amazon town of Iquitos, traveling to the jungle for field work. The group was led by Dr. Ron Jenkins -- arachnologist, and Dr. Larry Davenport -- botanist. Jeremy's group focused their research on spiders and plants but also came in close contact with the mammals and birds of the rainforest. After the work in the rainforest was complete, he visited Machu Picchu, Lake Titicaca, and Lima. A biology and Spanish major, one of Jeremy's post-graduate goals is to become a dentist. This year's pre-dental students at Samford, including Jeremy, are founding members of the first Pre-Dental Society of Samford University. His summer plans include attending school in Spain for 9 weeks to study the Spanish language. Jeremy is pictured on the right under the jungle canopy. [Click here](#) to see a great picture of Jeremy in Machu Picchu.



■ **Jeremiah Cornelson** is a senior from Thomasville majoring in mechanical engineering at the University of Alabama. On May 14, 2005, Jeremiah will wed Heather Chism in Tuscaloosa. Heather is a junior in the Family Financial Planning and Counseling program at the University of Alabama. The couple will graduate in the spring of 2006. Congratulations and best wishes to Jeremiah and Heather!

■ **Tracy Elleard**, a junior communications major at Auburn University, has been very active in campus life this year. Tracy was chosen to be both an orientation leader for Auburn as well as a counselor for [Camp War Eagle](#), Auburn's freshman orientation program. In addition, Tracy was inducted into the [Omicron Delta Kappa Honor Society](#), a national leadership honor society which honors the top 50 juniors and seniors on campus. Tracy looks forward to the upcoming academic year and the opportunities in store!

■ **April Henry Eubanks** will graduate pharmacy school at Auburn University in early May. April and her husband, Mark, recently moved back to the south Alabama area, where they bought their first house in Daphne. They are expecting their first child, a daughter to be named Kiersten Layne, at the end of July. Once April's maternity leave is over, she will assume her position as pharmacy manager at the Rite Aid in Spanish Fort. Congratulations April & Mark, soon-to-be parents!

■ **Kimberly Goins**, a sophomore political science major at the University of Alabama, is a regular opinions columnist for the university's newspaper [Crimson White](#). She also spends time singing in the University Chorus and Afro-American Gospel Chorus. Kim was nominated for [USA Today's All-USA College Academic Team](#) last December and applied for the McNair Scholars Program. Kim is also a member of the Blackburn Institute. The fellows of the Blackburn Institute had the privilege of a private luncheon with and lecture by National Security Advisor, Dr. Condoleezza Rice, on December 3, 2004.



■ **Kristen Oswald** is a sophomore at Samford University who was recently accepted into the pharmacy program for the upcoming academic year. Kristen had the opportunity this past winter to travel to Rome as part of an art appreciation class – [Classics 204](#). The group, from Samford's Department of Classics, was in Rome from January 10-22, 2005, studying the art and architecture of this fascinating city.

Kristen loved studying the area's history and taking an up-close look at Roman culture. She reported, "It was an unforgettable experience and I am definitely a different person now." Pictured at the left is Kristen (in pink) with a



friend. On the right is Kristen's picture of the Coliseum.

■ **Amanda Ousley**, a senior chemistry & cell biology major at Huntingdon College, has been accepted into the Ph.D. program in the School of Chemistry and Biochemistry at the [Georgia Institute of Technology](#). While an undergrad at Huntingdon, Amanda has been involved with such organizations as the Natural Science Club, Chemistry/Pre-med Club, & Children's Science Workshop. She is also a member of [Beta Beta Beta](#), a national biological honor society. Amanda plans to begin working towards a Ph.D in Biochemistry at Georgia Institute of Technology this fall.



■ **Sam Schjott**, a sophomore business major at Huntingdon College, has been elected SGA President for the 2005-06 academic year. Several weeks ago, Sam took part in the annual [Mr. Huntingdon Pageant](#). This pageant is held each year in March, and competition has become intense in the more than 10 years since the event began. Twenty contestants, who are sophomores or juniors, are selected in a popular vote by the student body. Ten finalists are then chosen through interviews and a talent competition. These 10 finalists compete for the title of Mr. Huntingdon. Sam was named first runner up. He also received the Jane Williams Award for service at Huntingdon's 2004-05 Awards Day Convocation. Congratulations to Sam for these recent accomplishments!

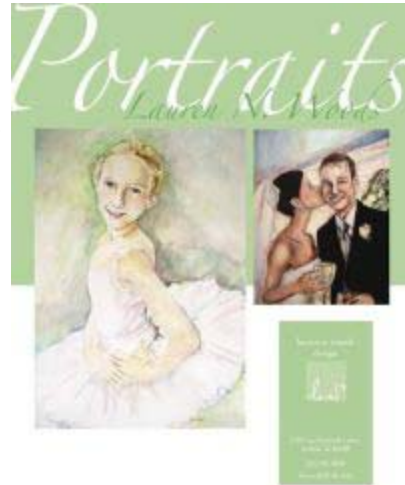


■ **Lauren Woodburn** is a junior at Samford University majoring in biology (pre-med). During the winter semester 2004, Lauren took classes in Kensington, an area of London, England. In addition to an internship with an English doctor, Lauren's classes included Theatre Appreciation, Modern Britain, and Christian Spirituality. Lauren got to experience a "real English life" complete with driving lessons! She had the opportunity to visit such world-renowned sites as Stonehenge and the London Philharmonic Orchestra, and she volunteered with the Missionaries of



Charity -- the order of nuns founded by Mother Theresa. Her travels also included Ireland, Scotland, Belgium, France, Greece, Italy, Switzerland, Germany and the Czech Republic. Lauren appears on the left in the Notre Dame photo and on the front row, left-hand side, at Stonehenge.

■ **Lauren Woods** is a junior majoring in Studio Art with a minor in Graphic Design at Spring Hill College. Lauren is a dancer with the [Mobile Ballet](#), where she danced the role of Clara in last December's production of The Nutcracker and had soloist roles in February's Swan Lake. She has recently formed Lauren N. Woods Design, her own business in which she paints watercolor portraits, acrylics on canvas, as well as small graphic design projects. Lauren's business, though new, is booming. She completed two portraits and had orders for 13 more in less than two weeks of



advertising! A sample of Lauren's work can be seen to the right in her advertisement, which she designed herself. (For a closer look at Lauren's advertisement, [click here](#).) Despite being very busy with her new venture and the ballet, Lauren has maintained a 3.9 cumulative GPA and was recently inducted into [Alpha Sigma Nu](#), an international Jesuit Honor Society that accepts only 4% of juniors and seniors at Spring Hill each year. Way to go, Lauren! **Lauren's contact information:** 6182 Northwoods Court, Mobile, AL, 36608, (251) 490-3228, lnwoods@shc.edu



■ **Amra Zuzo**, a pre-med senior at the University of South Alabama, spent her Christmas vacation 2004 visiting the Denver area. Amra is pictured at the left on a frozen lake in Evergreen, Colorado, which is 45 minutes from Denver. The people in the background are doing things that are "foreign" to most Alabamians

– ice skating and ice fishing. Amra's other exploits in the "Wild West"

areas of Oklahoma and Kansas include nearly running out of gas and starving to death because of the lack of stations and restaurants near the interstate. She also reported being caught on her way home in a blizzard on the interstate which forced her to drive 40 mph and stop often to scrape ice off the windshield. Amra greatly enjoyed her trip, but she returned with a new appreciation for Mobile's climate and accommodations!

Attention J.L. Bedsole Scholars: To keep our Bedsole Scholars aware of what their peers are up to, let us know if you are planning an interesting summer trip, doing volunteer work or an internship, or even getting married. We would love to include you in our newsletters.

The following J.L. Bedsole Scholars have some very impressive plans for the upcoming year:

■ **Jeremy Brannan** ■

(Junior, Samford University, Pre-Dental)
Attending school in Spain summer '05

■ **Megan Seward** ■

(Junior, Auburn University, Psychology)
Attending school in Australia summer '05

■ **Stephanie Snyder** ■

(Junior, Samford University, History)
Internship with Senator Jeff Sessions - summer '05
Attending school in London - winter '06

■ **Dara Steele** ■

(Junior, University of South Alabama, International Studies)
Attending school in France - summer '05

Graduating Seniors

Congratulations to the following J.L. Bedsole Scholars & J.L. Bedsole Alumni who are graduating this spring:

Alabama A&M University

Scholar: **Winford Davis Jr.**

Major: Mechanical Engineering

Home Town: Prichard

Secondary Alma Mater: Blount High School

Auburn University

Scholar: **Ellen Bean**

Major: Industrial Design

Home Town: Daphne

Secondary Alma Mater: Daphne High School

Scholar: **April Henry Eubanks**

Major: Pharmacy

Home Town: Mobile

Secondary Alma Mater: Baker High School

Scholar: **Lydia Lynch**

Major: MIS

Home Town: Robertsdale

Secondary Alma Mater: Robertsdale High School

Scholar: **Christina Spragg**

Major: Psychology

Home Town: Wilmer

Secondary Alma Mater: Mary Montgomery High School

Huntingdon College

Scholar: **Amanda Ousley**

Major: Chemistry & Cell Biology

Home Town: Mobile

Secondary Alma Mater: Davidson High School

Jacksonville State University

Scholar: Allison Odom

Major: Marine Biology

Home Town: Mobile

Secondary Alma Mater: B.C. Rain High School

Spring Hill College

Scholar: Amanda Crocker

Major: English

Home Town: Theodore

Secondary Alma Mater: Theodore High School

Scholar: Amy Dolbear

Major: Nursing

Home Town: Theodore

Secondary Alma Mater: Theodore High School

Scholar: Joe Fields

Major: History

Home Town: Fairhope

Secondary Alma Mater: Fairhope High School

Scholar: Brandon Goodwin

Major: Pre-Health

Home Town: Mobile

Secondary Alma Mater: McGill-Toolen Catholic High School

Scholar: Ryan Parrott

Major: Psychology

Home Town: Grand Bay

Secondary Alma Mater: Theodore High School

Troy University

Scholar: Rebekah Warren

Major: Marketing

Home Town: Jackson

Secondary Alma Mater: Jackson High School

**University of
Alabama**

Scholar: Desiree Adams

Major: Psychology

Home Town: Mobile

Secondary Alma Mater: Theodore High School

Scholar: Christina Corley

Major: Italian Studies

Home Town: Saraland

Secondary Alma Mater: Alabama School of Math & Science

Scholar: Lauren Megginson

Major: Accounting

Home Town: Whatley

Secondary Alma Mater: Clarke County High School

Scholar: Kathryn Roberts

Major: History

Home Town: St. Stephens

Secondary Alma Mater: Leroy High School

Scholar: Candace White

Major: Telecommunications & Film

Home Town: Thomasville

Secondary Alma Mater: Clarke Preparatory School

Scholar: Emily Woolley

Major: Elementary Education

Home Town: Mobile

Secondary Alma Mater: Murphy High School

University of Mobile

Scholar: Shannon Holland

Major: English & Political Science

Home Town: Citronelle

Secondary Alma Mater: Citronelle High School

Scholar: Shea Turner

Major: Accounting & Marketing

Home Town: Vinegar Bend

Secondary Alma Mater: Citronelle High School

**University of South
Alabama**

Scholar: **Jessica Gill**

Major: Biomedical Science

Home Town: Foley

Secondary Alma Mater: Foley High School

Scholar: **Diana Rosenthal**

Major: Nursing

Home Town: Mobile

Secondary Alma Mater: Davidson High School

Scholar: **Amra Zuzo**

Major: History (Pre-med)

Home Town: Mobile

Secondary Alma Mater: Murphy High School

Entre Prep

Entre Prep 2005 will kick off with Summer Institute from Monday, May 30 through Friday, June 3. Check-in for Summer Institute will be from 3:00 to 4:30 p.m. on Monday, May 30 at Spring Hill College. Entre Prep interns will be mailed all the appropriate information on what to bring with them and where to go for check-in prior to May 30. The week's evening activities are still being arranged and will include the Scholars Banquet the night of Thursday, June 2, where interns will meet their Mentors for the first time. All interns will begin their internships Monday, June 6, 2005.

In the Fall 2004 Newsletter we highlighted where the Entre Prep students from last summer worked. Now we get a chance to find out exactly what they did. The following was taken directly from the essays and journals as submitted by each EP Intern:

■ **Kim Brown – East Alabama Medical Center**

Kim interned at The East Alabama Medical Center in Opelika, AL. Kim is a health promotion's major at Auburn University. Through her

internship, she was able to get a clear understanding of how a hospital works, and she was able to rotate through several departments including outpatient cardiac rehab, respiratory, diabetes treatment center, outpatient cardiac pulmonary rehab, stress lab, rehab and inpatient physical therapy. Although working in every department proved to be fun and interesting for Kim, she reported that one of her favorite rotations was working in the cath lab. She was able to witness an angioplasty, a stent implant and a pacemaker implant. During each surgery, the technicians explained to Kim what the doctor was doing, and she was even given the opportunity to help prep a surgical table prior to a procedure. Kim also found working in the rehab center to be the most beneficial experience of the entire summer. She was able to observe physical therapy being applied to patients with various problems. Kim decided, based on her week in rehab, that she wants to pursue a graduate degree in physical therapy after college.

■ **Chris Dawson – Olde Blue Computer Services, Inc.**

Majoring in physics but unsure about what direction to take concerning his internship options, Chris opted to work in a computer repair shop to gain more experience with not only how a small business is run but also to learn more about the inner workings of a PC. Having always been fascinated with computers, Chris interned at Olde Blue Computer Services in Mobile. It was a wonderful opportunity for Chris to get deeply involved with the tech-savvy world of computer repair and construction. He spent his summer involved in almost every aspect of the business from diagnosing and repairing ailing computers to building new ones from the ground up. He was also able to use his Summer Institute training to learn more about the business aspects of Olde Blue Computers and was particularly impressed with the way Olde Blue takes care of its customers.

■ **Lauren Englund – The Mobile Area Chamber of Commerce**

Lauren is a public relations major at Troy University and was able to perform her Entre Prep internship at The Mobile Area Chamber of Commerce. The Chamber has always been very good to Bedsole interns, and they gave Lauren a busy summer and allowed her to directly participate in a number of very important public relations initiatives. She was able to design, among other things, mailers, a brochure for area middle and high school guidance counselors, a press release for an issue of the local publication the Chamber View and was

able to work on projects for The Health Occupations Career Fair. She helped to plan the Chamber exhibit at the event, worked on the programs used at the Career Fair and was also able to coordinate and actually do a photo shoot for the graphics used in the exhibit. Through her summer internship, Lauren has been able to not only gain valuable hands-on experience in large-scale public relations projects, but she has also made invaluable contacts geared to help her in her future career endeavors.

■ **Megan Finnigan – Mobile County Health Department**

Megan specifically wanted experience working in a rural health clinic (her ultimate goal is to become a rural physician); therefore, she interned with the Mobile County Health Department for the summer. While there, she was able to gain invaluable knowledge on the inner workings of rural health care practice. She shadowed the physicians, nurses, worked in billing and was able to gain insight on how patient records are handled and processed. In addition, she was able to work at two separate rural clinics: the Citronelle clinic and the Calcedeaver clinic. At each, she worked closely with the staff and doctors and saw first-hand how the practice of rural medicine can oftentimes differ from that of city clinics. Megan's summer internship has definitely reinforced her passion for wanting to become a rural physician.

■ **Kristina Hale – WKRG-TV Media General Communications**

Kristina is a broadcast journalism major at The University of Alabama and opted to work at WKRG-TV over the summer. There she learned about almost every aspect of live studio television as well as what it takes to put a newscast over the air. She worked closely with the newsroom staff where she aided in producing, preparing tapes for broadcast and was even taught the basics of studio camera operation (something that she may not have been able to do in her college major). She was able to spend time with the reporters and was actually given the chance to be the reporter for a news package involving the release of the "9/11 Commission Report." Her time in the marketing and sales department helped her to discover she has a passion for media sales. Throughout the seven weeks of her internship, Kristina was given an opportunity to witness first hand how professionals from every department went about their jobs.

■ **Kristen Hall – Sullivan-St. Clair Marketing & Public Relations**

Kristen is a graphic design major at The University of South Alabama. She received the chance to intern at Sullivan-St. Clair in Mobile and loved it. While at Sullivan-St. Clair, Kristen was able to work on projects ranging from penning articles for the Alabama Seaport Magazine to shadowing the agency's president and attending client meetings. Kristen felt that as a result of her summer internship, she can appreciate how an ad agency works from all levels. "I feel so privileged to have been able to follow around the president of an advertising agency. Not many people can say that now, can they?" she wrote.

■ **Holly Horton – Monroe County Hospital**

Holly is finishing her freshman year at Jacksonville State University majoring in nursing. Her goal is to become a labor nurse, and last summer she had a chance to work in the labor unit of the hospital. In her seven-week internship, she was able to witness many births and, in a few instances, was actually responsible for checking vital signs during delivery. She assisted the labor nurses preparing for delivery and administered hearing tests to newborn infants. Holly also assisted in circumcisions, was shown the proper procedures for setting up fetal and contraction monitors and learned how to care for the infants following birth. Holly was able to witness several C-sections and viewed an amniocentesis. Her other duties included working with the administration staff while learning the intricate details of handling patient charts, processing, etc.

■ **Janel Johnson – Neurology, Child & Adult, PC**

Janel is a sophomore at The University of Alabama Birmingham double majoring in psychology and human resources. According to Janel, Neurology, Child & Adult, PC treats "children and adults with neurological, psychological and learning delays." During her seven weeks there, Janel performed several duties including the scoring of personality tests (such as BASC Enhanced ASSIST as well as the ADM - Assessment Data Manager), assisting the doctors by filing notes, pulling charts and preparing rooms for therapy sessions. She was even able to sit in on several sessions and watch the doctors in action. According to Janel, she received "a pretty good overall experience including everything from daily clerical duties to actual psychological evaluations." Janel's internship helped her to decide that she would

rather concentrate less in post graduate academic work on clinical psychology and more on industrial psychology.

■ **Jayeon Lee – Victory Health Partners**

Jayeon is finishing her sophomore year at Spring Hill College and majoring in biology with a pre-med concentration. She performed her internship at Victory Health Partners in Mobile. According to Jayeon, Victory Health Partners is a “private non-profit organization that provides quality healthcare to the uninsured people” in Mobile county and surrounding areas. During her internship, Jayeon was exposed to just how much work goes into running a charitable clinic. She spent time handling charts, filling out applications to pharmaceutical companies, handling patient files, helping with mailings to clients and working to help patients receive their medications. She rotated through the Patient Assistance, social services departments, the dispensary and personally assisted the program director on numerous occasions. She spent time researching pharmaceutical information and shadowed several of the doctors as they made their rounds to various patients. Jayeon concluded that as a result of her experience with Victory Health Partners, she has “learned not only about business and medicine, but I also felt the great compassion.”

■ **Melanie McCall – Providence Hospital Pharmacy**

Melanie is finishing her sophomore year at Spring Hill College and wants to be a pharmacist upon completion of college. Her summer at Providence Hospital Pharmacy proved to be very exciting to her. She was exposed to many aspects of running a pharmacy, including some things she didn't know were involved in the process. For starters, she researched for and wrote articles that appeared in the pharmacy newsletter concerning specific drugs like Ipecac and the effects of estrogen therapy. Other pharmacy related duties included drug research, filling of prescriptions, maintaining the inventory of drugs used and stored, filling IV's and shadowing a narcotic technician.

■ **Domoneek McCoy – Grove Hill Memorial Hospital**

Domoneek is in her freshman year at The University of West Alabama and entered Entre Prep hoping to pursue a career as an anesthesiologist after medical school. She worked at Grove Hill Memorial Hospital this past summer and was exposed to many different

career options. Because Grove Hill Memorial is a small hospital, Domoneek was originally concerned that she would not be able to witness surgeries; but as the summer wore on, she was able to sit through several surgical procedures including gallbladder removals, hernia repairs and C-sections. When not observing a surgery, Domoneek got a chance to work in cardiovascular pulmonary rehab, physical therapy, ultrasound and assisted the X-ray team. Entre Prep has afforded Domoneek a unique opportunity to help streamline what she wants to do as a result of the things she witnessed at the hospital. For instance, as a result of her time in the lab, Domoneek reported that she has “come to the conclusion that I either want to be a traveling lab technician, a pathologist or a chemist.”

■ Sean Nieves – The Gulf Coast Exploreum

Sean is a freshman majoring in linguistic anthropology and ancient theology, and he spent his summer interning at The Gulf Coast Exploreum at a time when the museum was making preparations for the renowned Dead Sea Scrolls exhibit. It was very advantageous for Sean considering his unique major, and his time working at the museum was well spent. Sean worked with the event staff figuring out where and how the exhibit was going to be arranged, how the audio tour would be established and had ample time to research The Dead Sea Scrolls as well as the history of the period.

■ Gyro Newman – Ciba Specialty Chemicals

Gyro (pictured on the right) is a public relations senior at The University of South Alabama. At his request, The J.L. Bedsole Scholars Program was able to hook him up in the public affairs department at Ciba Specialty Chemicals in McIntosh. Over the course of the summer, Gyro was exposed to many aspects of public affairs, and he “was able to further develop my skills in public relations, journalism, public speaking and, of course, advertising.” He worked on projects such as helping to coordinate the [Working Interns for Good Skills](#)



[\(WINGS\)](#) program where he helped to design activities for participating area high school students. Other projects included researching and writing articles for a local magazine Ciba publishes called Elements where he also served as the photographer for a selected piece. Gyro was able to attend teleconferences that included distance sites in Europe and Asia, and he was even to make a few future job contacts along the way.

*If you clicked on the link above, you will see pictured in the inset of the article another Bedsole Scholar, Brittany Barnes from Spring Hill College!

■ **Kristen Oswald – Providence Hospital Pharmacy**

Kristen is finishing her sophomore year at Samford University and, like Melanie, also worked at Providence Hospital Pharmacy. Her experiences during the summer paralleled Melanie's closely. She was able to learn a great deal about not only the medical end of running a pharmacy but the business aspects as well. She had an opportunity to work on articles for the pharmacy newsletter as well as research various types of drugs and how they are used. Kristen worked with the pharmacy technicians and even got a chance to work in the narcotics room where she learned how to record and maintain careful records documenting the use of various types of drugs.

■ **Quyen Pham – The Ozanam Charitable Pharmacy**

Quyen is a sophomore at Auburn University studying pharmacy. Her internship was with The Ozanam Charitable Pharmacy in Mobile. Being a charitable pharmacy that relies upon donated medications, Quyen got a unique opportunity to see things that others in regular pharmacies may not -- primarily how to run a business that relies on fundraising and outside monies to continue to exist. Her duties were numerous and included filling prescriptions, shadowing the pharmacists and the technicians, administration and record keeping and dealing directly with patients that came in for medication. She was also given a chance to spend some time out at Providence Hospital pharmacy, Rite Aid and Cogburn Nursing Home in an effort to see how other types of pharmacies operate. Overall, Quyen left Entre Prep feeling confident that her career choice is right for her, and she has practical experience in different types of pharmacy settings.

■ Rachel Saucer – USA Children’s and Women’s Hospital

Rachel is a nursing/pediatrics freshman at Samford University. During the summer, she spent her time at USA Children’s and Women’s Hospital in Mobile. Rachel was given an opportunity to witness so much in her chosen field of study, and she rotated through many different departments including pediatric intensive care, surgery, USS Hope, labor and delivery, pediatrics and administration. According to Rachel, she was “engaged in business meetings, lectures, educational classes, observations and hands-on patient care.” She shadowed the nurses and made rounds with the doctors as they examined their patients. Perhaps her favorite part of the internship was working with the children who were undergoing various treatments. In the labor and delivery department, she witnessed several births and followed the progress of the newborns from birth to being discharged from the hospital.

■ Amy Schell – Mercy Medical Center

Amy is a junior at Samford University studying to be a family counselor. She spent her summer working at Mercy Medical Center in Daphne. As Amy put it, she spent her days “with bereavement counselors, social workers, chaplains/pastoral care, nurses, therapists and administrators.” Mercy Medical allowed her to not only shadow the doctors and counselors during their rounds, but she was even allowed to occasionally sit in during therapy sessions. She managed an impressive 24 patient visits (many of them home visits) and saw “twelve others in bereavement grief groups as well as seeing many patients for short visits during inpatient rounds.” Amy also had the privilege of participating in Camp Mercy, which is “a bereavement camp for children that Mercy Medical is developing to teach children to deal with the grief of an immediate family member’s loss in a positive and proper way.”

■ Anna Walton – The Duke Animal Clinic



Anna is a pre-vet sophomore at Troy University, and she wanted to gain experience working in a vet clinic that specializes also in large animals. The Duke Animal Clinic took her in and gave her just that. Anna’s summer began with the staff of the clinic teaching

her about the business end of running a vet clinic. She was exposed to entrepreneurial information such as budgeting, bookkeeping, accounting, taxes and inventory. She was given the opportunity to go on several field calls where she observed (and assisted in) “pregnancy checks, dental flotations, lameness exams and a respiratory case.” One might recall the photo of Anna and a bovine patient from the previous newsletter. Anna appears with the same patient in the photo at the left. On some of these field calls, she was able to perform certain procedures herself that included vaccinations, tattoos and pregnancy exams. In the clinics, Anna observed and assisted in several surgeries as well as tended to the patients during recovery. She inserted IV catheters, intubated patients and gave injections as well as prepared the patients for surgery. She also had occasion to visit two other vet clinics, one of them being in Ocean Springs, Miss.

■ **Lauren Woodburn – McCollough Plastic Surgery Clinic**

Lauren is a pre-med major and a junior at Samford University, and she is considering pursuing a career as either a plastic or reconstructive surgeon after medical school. Lauren worked at McCollough Plastic Surgery Clinic in Baldwin County; and in her time at the clinic, she was given a unique opportunity to see how such a clinic operated. According to Lauren, McCollough is a very efficient business and a first-rate plastic surgery clinic. It has maintained an excellent reputation through strict adherence to standards and business practices. Lauren saw first hand how the clinic is run while rotating through the departments. Over the course of the summer, she learned the basics of administration, clerical operations and shadowed the various doctors and employees as patients underwent consultation and surgeries. “One of my favorite things about working here was seeing the transformations people underwent,” Lauren wrote. “I really loved seeing not just the cosmetic surgeries done, but also the burn victims or accident victims.”

■ **Lauren Woods – Pixallure Design, LLC**

Lauren is a junior at Spring Hill College studying studio art with hopes of becoming a graphic designer. She isn’t sure what aspect of graphic design she wants to pursue (whether with an ad agency, clothes designer, teacher, magazine, etc.), but she found her summer internship with Pixallure Design in Mobile exhilarating. While there, she worked on numerous graphic design projects as well as performed client research, administrative duties such as creating spreadsheets, binding, etc. The

list of clients Lauren was assigned projects for included “Gulf Coast Records Management, Senior Citizens Services, Metro Transit, Infinity Homes, Dumas McFail Law Firm, McGill-Toolen Catholic High School” and St. Mary’s School. She was taken to numerous client meetings and even wrote two articles for Gulf Coast Records Management’s online newsletter. At one point, Lauren even had a chance to work with the Pixallure team responsible for designing the color scheme for the new “Wave” bus system for Mobile Metro Transit.

*All quotes were taken from the internship essays required by the EP students to write. If you want any additional information concerning what any of these Bedsole Scholars did, please contact The J.L. Bedsole Scholars Program office at (251) 432-3369 or email us at jlbedsole@bellsouth.net.

Alumni Briefs



■ **Dr. Romsel Ang** and her husband, Dr. Brandon Peters, celebrated the birth of their son Dylan Mark on July 20, 2004. At left is a picture of Dylan when he was seven months old. Romsel received her Bachelor's in biomedical science from the University of South Alabama in 1997, where she continued her post-graduate studies in medicine. In July of 2004, just before Dylan was born, Romsel completed her internal medicine residency at the Medical College of Georgia. She is currently employed at the Veterans' Affairs Medical Center in Augusta as the Medical Director of the Women's Center.

■ **Aiken Brown** graduated Summa Cum Laude with a Bachelor of Arts in English from Spring Hill College in the spring of 2004. Aiken currently works in the special education department at Eichold Mertz Elementary School in Mobile. Writing has always been her passion, and she recently became a published author. Her first book -- "In a Brother's Eyes: The Brant McLachlan Story" -- is a work of fiction set in the Deep South. The book focuses on such prevalent Southern traditions as football, religion, and close-knit communities. Aiken says: "I love writing

fiction because I love having the power to decide how things turn out. In a way, I get to live life twice because if something doesn't turn out right in real life, then I can make sure it turns out right in the book." Aiken will be signing copies of "In a Brother's Eyes" at Barnes and Noble in Mobile on June 11th from 2:00 - 4:00 p.m. For more information, see Aiken's website, www.aikenbrown.com.

■ **Tracy Campbell**, an accounting major, graduated from the University of Alabama in the fall of 2004 with a Bachelor of Science in Commerce and Business Administration. Tracy achieved something that most undergraduates, and even most Bedsole Scholars, do not accomplish - she graduated a semester early. Tracy reported, "Finishing school early had a lot of downfalls, but I was just ready to get into Corporate America." In 2004, while still a Bedsole Scholar, Tracy interned with the Department of Homeland Security at the University of Alabama, where she served as project coordinator, developed recruiting strategies, and hosted a recruiting event. A native of Theodore and graduate of Theodore High School, Tracy is currently employed with HEALTHSOUTH in Birmingham as a Marketing Accountant in the Surgery Division. Tracy loves her job and would like to work for about three years before entering an MBA program. She hopes to take the CPA exam following graduate studies.

■ **John Jansen** is a fall 2004 graduate of Auburn University with a Bachelor of Science in Wireless Engineering. John reports, "Since graduation, I haven't slowed down yet." John accepted his first job last October, was engaged on Thanksgiving, took a New Year's vacation, and started work the following week! John just bought his first home in Huntsville, where he is employed as an electrical engineer with Phase IV Systems, Inc. John is engaged to be married to Erica R. Kennedy in Grove Hill on May 7, 2005. In his spare time, John is "helping orchestrate weddings." In addition to his own upcoming nuptials, John's brother Matt, also a Bedsole Alumnus, is planning a wedding in Houston. Congratulations to John and Erica on their upcoming marriage and the start of a new life together!

International J.L. Bedsole Scholars

Overview

The International J.L. Bedsole Scholarship, established in 2000, provided college funds to Venezuelan students to attend The University of South Alabama as an initiative to promote business ties between Venezuela and Mobile. Each year, two new Venezuelan scholars were brought into the program. Recently, The J.L. Bedsole Foundation expanded this program to include students from other parts of the Caribbean Rim. For the academic year 2005-06, The J.L. Bedsole Foundation will fund a total of five students from Venezuela, two from the Dominican Republic, and one from Costa Rica.

The International J.L. Bedsole Scholars attending The University of South Alabama for the spring 2005 semester are:

- ***Nilce Castillo***: a sophomore from Venezuela majoring in computer engineering
 - ***Andres Hernandez***: a sophomore from Venezuela majoring in mechanical engineering
 - ***Maria Morles***: a freshman international business major from Venezuela
 - ***Javier Perez***: a sophomore from Venezuela majoring in international business
-

International Bedsole Scholar Happenings

What are they up to?



international business trade.

- Nilce Castillo (pictured at left) has recently accepted a part-time position with the [Northern Gulf Trading Group](#) in Mobile. She will do web-design work for the firm until early June. Beginning June 6, Nilce will switch gears and become an Entre Prep intern for the firm on behalf of The J.L. Bedsole Entrepreneurial Preparation Program (see page 3) where she will be involved in projects pertaining to

- In November, the International Bedsole Scholars enjoyed an afternoon at [Bellingrath Gardens](#) for the fall Chrysanthemum Festival (right). Everyone had a great time and observed not only an endless array of gorgeous floral arrangements but also craftsmen making cane syrup, weaving baskets and making pottery. Also in attendance were Stephen Dill, his wife Ruth and Scott Morton from The J.L. Bedsole Scholars Program. Pictured on a bridge in Bellingrath's beautiful Oriental Gardens section are Javier Perez, Nilce Castillo, Maria Morales, and Andres Hernandez (left to right).





■ Our International Bedsole Scholars also observed the Magic Christmas in Lights Display at Bellingrath Gardens this December. At the left pictured from left to right are Nilce Castillo, Javier Perez, Maria Morales, Ruth Dill

and Andres Hernandez.

■ In January, The International Bedsole Scholars enjoyed an afternoon at The Alabama State Docks in Mobile. Maria Mendez, manger of Latin American sales and trade development at the docks, and a member of the Board of Directors of the International Bedsole Scholars, hosted the tour and treated the Scholars to lunch at the International Trade Club.

■ Several of the International Bedsole Scholars toured The Dead Sea Scrolls exhibit at [The Gulf Coast Exploreum](#) in Mobile recently and loved it. For anyone interested, the highly acclaimed Dead Sea Scrolls exhibit will be on display at the Exploreum until May 8, 2005!

Statistics

The Scholars Program currently has 150 Bedsole Scholars pursuing a four-year baccalaureate degree at 18 different colleges across the state of Alabama. (Figures regarding the number of Bedsole Scholars per college were given in the fall 2004 edition of the Bedsole Bits.) The Scholars Program awards scholarships to eligible applicants from a six-county area in southwest Alabama. Eligible applicants must attend high school and reside in one of the following counties: Mobile, Baldwin, Washington, Clarke, Monroe, or Marengo County (Sweetwater High School only).

Below is a graphical representation of the current Scholars Program enrollment figures by county.

Number of Current J.L. Bedsole Scholars Per County:

Baldwin	Clarke	Marengo	Mobile	Monroe	Washington	Total
46	7	1	79	9	8	150
31%	5%	1%	52%	6%	5%	

These percentages closely resemble those for our 2005 J.L. Bedsole Finalists who were invited to interview for a scholarship.

Number of 2005 J.L. Bedsole Finalists Per County:

Baldwin	Clarke	Marengo	Mobile	Monroe	Washington	Total
23	6	0	41	5	8	78
29%	8%	0%	53%	6%	4%	

Click [this link](#) to see a graphical representation of these figures. (*Adobe Acrobat is required to view this chart. Click [here](#) to download a free copy of Adobe Reader.*)

Since the Scholars Program inception in 1991, Mobile County has produced more Bedsole Scholars than any other county each year. This is no doubt due to its having the largest population of all eligible counties. However, Baldwin County may well begin to close the gap between first and second place in the upcoming years as the population in that county steadily increases. This is an interesting statistic that we will certainly continue to track.

Have a Great Summer!